



Dr. Daniel D. Adame Leadership Fund Application

Purpose

The Dr. Daniel D. Adame Leadership Fund provides stipends to support leadership opportunities for two LGBT students or allies each year. In keeping with the values of the fund's namesake, Daniel D. Adame Leadership Fund recipients will pursue opportunities related to physical, mental, emotional, social, spiritual or environmental health.

Eligibility

Individual Leadership Awards in the maximum amount of one thousand dollars can be made to students who are enrolled at Emory on a full-time basis at the time of the award. Students may only receive one Award per academic year, but may reapply for an Award in subsequent academic years.

Application/Selection Process

Requests for funding are accepted on an ongoing basis¹. Applicants must submit the applicant information form and a letter of intent (maximum 1 page) to the Director of the Office of LGBT Life. This letter should include:

- ∇ Description of the leadership opportunity
 - Overview of the opportunity
 - Dates
 - Location
- ∇ Description of outcomes you hope to achieve by participating in the opportunity
- ∇ Registration and other deadlines

Additionally, the applicant must submit a detailed budget of all anticipated expenses. The budget should provide information on how expenses were determined and may include screenshots from sources such as Uber, Lyft, local transportation and airline websites, hotel websites, and registration webpages. Other sources of funding, such as any personal contributions, should be included.

The recipient of the Award must provide a brief (one-page) report to the Director of the Office of LGBT Life following the conclusion of the leadership opportunity. The report must include a description of how the recipient benefited from the Award. Questions about this requirement should be directed to the Director of the Office of LGBT Life.

¹ The Dr. Daniel D. Adame Leadership Fund is an endowment through the Office of LGBT Life. The Fund produces revenue annually that varies from year to year. Funding is therefore not guaranteed and is limited each year.



In your application for support from the Dr. Daniel D. Adame Fund, you are also asked to prepare an essay (less than 1000 words) that reflects your understanding of health and how your utilization of the award money will enhance yourself and your health. Given that health is key to wellness and success in all human endeavors and reflects on outcomes in many and varied dimensions of life, the Office of LGBT Life is interested in seeing how well you are able to interweave the dimensions of health (described below) into your funding proposal.

HEALTH IS MULTIDIMENSIONAL

Health is a multidimensional concept comprised of physical, social, emotional, intellectual and spiritual elements. Each of these dimensions working in concert with each other – working in harmony, together as a team – make-up a person’s level or quality of health.

The **physical** aspect refers to a person’s physical well-being – like the heart and digestive and respiratory systems that carry-out respective organic functions of our bodies along with the muscles and ligaments and bones that provide the framework – in other words, the blood and guts of it all.

The **social** dimension taps into our interactions and relationships with others; it reflects in our ability to have satisfying relations in both personal and work-related situations resulting in our being both liked and respected. We’re not hermits and depend on society to live productive and happy lives through our interdependence with others as well as social institutions.

So much of life is **emotional** and learning to balance the contrast between pleasure and pain is challenging. Feelings of love, self-esteem, self-confidence, self-efficacy, happiness, joy, anger, sorrow, acceptance, rejection, trust, envy, and jealousy, among others, comprise the human condition. The ability to express emotions when they are appropriate, controlling them when they are not, and avoiding expressing them when inappropriate is a reflection of our emotional health.

You directly impact the environment around you and, in turn, the environment impacts your health and wellness. **Environmental** health is therefore critically important for you and others. You must understand and appreciate the environment and the resources you receive from it.

Mental health represents the component of ourselves that may be influenced by education and training utilizing our brain power and mind to think clearly. To analyze, critically reason and learn from our successes mistakes is essential to learning to make adjustments to life’s experiences.

The **spiritual** dimension provides a guiding sense of value and meaning echoing a greater spectrum of existence; a feeling of oneness with nature or a higher consciousness. The aspect that intuits a sixth sense at work in the universe conveying wonder over life’s experiences and respect for all living things. Also, the oomph, the pep, the vigor of life, that which without it, there is no life.





EMORY
UNIVERSITY

**Office of Lesbian/Gay/
Bisexual/Transgender Life**
Campus Life

Dr. Daniel D. Adame Leadership Fund Applicant Information Form

Name	
Campus Address	
Phone Number	
Email Address	
Student ID Number	
Major	
Class Year	

By receiving these funds, I agree to adhere to all federal, state, and local laws as well as university policies while participating in the funded activities. If I am found in violation any of these laws and policies, I understand that I may forfeit funding.

Name

Signature*

Date

*An electronic signature is acceptable.

Please email application materials to:

Danielle Bruce-Steele
Director, Office of LGBT Life
Emory University
Danielle.Bruce.Steele@emory.edu